2021 Fall Sports that are available to Pocono Mountain West Students







Many of these sports are holding off season/ summer workouts. Please contact the Head Coach of that sport if you have any questions:



- Cheerleading MS and HS
 - o mabehr@pmsd.org
- Cross Country MS and HS
 - bpalazzi@pmsd.org
- Field Hockey MS and HS
 - Jpeer@pmsd.org
- Football MS and HS
 - o jmccarroll@pmsd.org
- Golf HS only
 - o pmitchell@pmsd.org
- Boys Soccer MS and HS
 - o sbelow@pmsd.org
- Girls Soccer HS only in the Fall
 - o dlawrence@pmsd.org
- Girls Tennis HS only
 - o pfebbraro@pmsd.org
- Girls Volleyball MS and HS
 - o rslater@pmsd.org





Students MUST have a physical to try-out or practice!

Contact Athletic Office if assistance is needed

570-839-7121 ext 81373